

School of Yoga (Yoga)

The Annual Quality Assurance Report (AQAR) of the IQAC

School of Yoga : Academic Year 2013-14

Part – A

1. Details of the Institution

1.1 Name of the Institution

Yoga centre

1.2 Address Line 1

Devi Ahilya Vishwavidyalaya

Takshashila Campus, Khandwa Road

Address Line 2

City/Town

State

Pin Code

Institution e-mail address

Contact Nos.

Name of the Head of the Institution:

Tel. No. with STD Code:

Mobile:

Name of the IQAC Co-ordinator:

Mobile:

IQAC e-mail address:

1.3 NAAC Track ID (For ex. MHCOGN 18879) **EC/66/RAR/146 dated 21-02-2014**

1.4 Website address:

Web-link of the AQAR:

For ex. <http://www.ladykeanecollege.edu.in/AQAR201213.doc>

1.5 Accreditation Details

Sl. No.	Cycle	Grade	CGPA	Year of Accreditation	Validity Period
1	1 st Cycle	“B”	Four Star	2000	“Five Years”
2	2 nd Cycle	“B”	2.57	2008	“Five Years”
3	3 rd Cycle	“A”	3.09	2014	“Five Years”
4	4 th Cycle	NA	NA	NA	NA

1.6 Date of Establishment of IQAC : DD/MM/YYYY

21/11/2008

1.7 AQAR for the year (*for example 2010-11*)

2013-14

1.8 Details of the previous year’s AQAR submitted to NAAC after the latest Assessment and Accreditation by NAAC (*for example AQAR 2010-11 submitted to NAAC on 12-10-2011*)

- i. AQAR _____ (DD/MM/YYYY)4
- ii. AQAR _____ (DD/MM/YYYY)
- iii. AQAR _____ (DD/MM/YYYY)
- iv. AQAR _____ (DD/MM/YYYY)

1.9 Institutional Status

University **yes** tate tral hed

Private

Affiliated College **Yes** **No**

Constituent College **Yes** **No**

Autonomous college of UGC **Yes** **No**

Regulatory Agency approved Institution Yes No

(eg. AICTE, BCI, MCI, PCI, NCI)

Type of Institution Co-education Merit Women
Urban Rural Tribal
Financial Status Grant-in-aid UGC 2(f) UGC 12B
Grant-in-aid + Self Financing Totally Self-financed

1.10 Type of Faculty/Programme

Arts Scien Comme I PEI (Phys Edu)
TEI (Edu) En gineering H ealth Science
Management
Others (Specify)

1.11 Name of the Affiliating University (*for the College*)

1.12 Special status conferred by Central/ State Government-- UGC/CSIR/DST/DBT/ICMR etc

Autonomy by State/Central Govt. / University

University with Potential for Excellence	<input type="text"/>	UGC-CPE	<input type="text"/>
DST Star Scheme	<input type="text"/>	UGC-CE	<input type="text"/>
UGC-Special Assistance Programme	<input type="text"/>	DST	<input type="text"/>

UGC-Innovative PG programmes

Any other (*Specify*)

UGC-COP Programmes

2. IQAC Composition and Activities

2.1 No. of Teachers

2

2.2 No. of Administrative/Technical staff

1

2.3 No. of students

5

2.4 No. of Management representatives

2.5 No. of Alumni

2.6 No. of any other stakeholder and
community representatives

2.7 No. of Employers/ Industrialists

2.8 No. of other External Experts

2.9 Total No. of members

2.10 No. of IQAC meetings held

4

2.11 No. of meetings with various stakeholders:

No.

2

Non-Teaching Staff

1

Students

Alumni

Others

2.12 Has IQAC received any funding from UGC during the year? Y

✓

If yes, mention the amount

2.13 Seminars and Conferences (only quality related)

(i) No. of Seminars/Conferences/ Workshops/Symposia organized by the IQAC

Total Nos. Internation Natio Institution
Level

(ii) Themes

2.14 Significant Activities and contributions made by IQAC

2.15 Plan of Action by IQAC/Outcome

The plan of action chalked out by the IQAC in the beginning of the year towards quality enhancement and the outcome achieved by the end of the year *

Plan of Action	Achievements

* Attach the Academic Calendar of the year as Annexure.

2.15 Whether the AQAR was placed in statutory body

Management icate Any body

Provide the details of the action taken

Criterion – I

1. Curricular Aspects

1.1 Details about Academic Programmes

Level of the Programme	Number of existing Programmes	Number of programmes added during the year	Number of self-financing programmes	Number of value added / Career Oriented programmes

PhD	01		01	
PG	01		01	
UG				
PG Diploma	01		01	
Advanced Diploma				
Diploma				
Certificate	01		01	
Others				
Total				

Interdisciplinary				
Innovative				

- 1.2 (i) Flexibility of the Curriculum: CBCS/Core/Elective option / Open options
(ii) Pattern of programmes:

Pattern
Semester 02 (PG , PG diploma)
Trimester
Annual

1.3 Feedback from stakeholders* Alum Parents Employer Students
(On all aspects)

Mode of feedback : Onlin Ma Co-operating schools (f
PEI)

**Please provide an analysis of the feedback in the Annexure*

1.4 Whether there is any revision/update of regulation or syllabi, if yes, mention their salient aspects.

Minor updation of syllabus was done in session

1.5 Any new Department/Centre introduced during the year. If yes, give details.

Criterion – II

2. Teaching, Learning and Evaluation

2.1 Total No. of permanent

Total	Asst. Professors	Associate Professors	Professors	Others
01		01		

faculty

01

2.2 No. of permanent faculty with Ph.D.

2.3 No. of Faculty Positions Recruited (R) and Vacant (V) during the year

Asst. Professors		Associate Professors		Professors		Others		Total	
R	V	R	V	R	V	R	V	R	V

2.4 No. of Guest and Visiting faculty and Temporary faculty

06

2.5 Faculty participation in conferences and symposia:

No. of Faculty	International level	National level	State level
Attended			
Presented	01	01	
Resource Persons			

2.6 Innovative processes adopted by the institution in Teaching and Learning:

- digital board and multimedia projectors
- Lectures are supplemented by assignments, class seminars and practical
- Training programs and workshops in the area of personality development, career advancements are regularly conducted.
- Continuous and comprehensive evaluation process is followed with three sessional examination and end semester exam in each course
- Complete transparency is a key feature of our evaluation system
- Computerized result processing
- Innovative evaluation practices are used by considering the classroom presentations, therapist lectures etc

2.7 Total No. of actual teaching days

201

during this academic year

2.8 Examination/ Evaluation Reforms initiated by the Institution (for example: Open Book Examination, Bar Coding, Double Valuation, Photocopy, Online Multiple Choice Questions)

Department has developed mechanism for well conduction of all examination and evaluation processes. Department is timely manage all internal and end semester examination, their schedule, time-table and evaluation process. The department is following Central Valuation system for evaluation. The evaluation work starts from the first day of commencement of the examination and results declared within 15 days after the examination. Result preparation is done computerized and results also uploaded on departmental website. Students can review their answer sheet within 10 days after the declaration of results.

2.9 No. of faculty members involved in curriculum restructuring/revision/syllabus development as member of Board of Study/Faculty/Curriculum Development workshop

03		
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2.10 Average percentage of attendance of students

75%

2.11 Course/Programme wise distribution of pass percentage :

Title of the Programme	Total no. of students appeared	Division				
		Distinction %	I %	II %	III %	Pass %
M.A	25	10%	80%	10%		
PG Diploma	44	15%	70%	15%		

2.12 How does IQAC Contribute/Monitor/Evaluate the Teaching & Learning processes :

- Feedback from students before the end semester examination is collected for each course and for each faculty members including visiting faculties analyze and evaluated. The final findings are discussed in department workshop and methods of improvements are discussed.
- The quality and weaknesses of the teacher are evaluated on a percentile scale and have been given back to the concern teacher for self-improvement.
- The quality and weaknesses of the teacher are evaluated on a percentile scale.
- Feedback from eminent experts, alumni, employers and parents are regularly taken and the opinion helps in quality sustenance.
-

2.13 Initiatives undertaken towards faculty development

<i>Faculty / Staff Development Programmes</i>	<i>Number of faculty benefitted</i>
Refresher courses	
UGC – Faculty Improvement Programme	
HRD programmes	
Orientation programmes	
Faculty exchange programme	
Staff training conducted by the university	
Staff training conducted by other institutions	
Summer / Winter schools, Workshops, etc.	
Others	

2.14 Details of Administrative and Technical staff

Category	Number of Permanent Employees	Number of Vacant Positions	Number of permanent positions filled during the Year	Number of positions filled temporarily
Administrative Staff				01
Technical Staff				

Criterion – III

3. Research, Consultancy and Extension

3.1 Initiatives of the IQAC in Sensitizing/Promoting Research Climate in the institution

- Department is having good ambience to conduct research work as we have sufficient equipments, library and facilities required to perform quality work.

3.2 Details regarding major projects

	Completed	Ongoing	Sanctioned	Submitted
Number				
Outlay in Rs. Lakhs				

3.3 Details regarding minor projects

	Completed	Ongoing	Sanctioned	Submitted
Number				
Outlay in Rs. Lakhs				

3.4 Details on research publications

	International	National	Others
Peer Review Journals		10	
Non-Peer Review Journals			
e-Journals			
Conference proceedings			

3.5 Details on Impact factor of publications:

Range Average h-index Nos. in SCOPUS

3.6 Research funds sanctioned and received from various funding agencies, industry and other organisations

Nature of the Project	Duration Year	Name of the funding Agency	Total grant sanctioned	Received
Major projects				
Minor Projects				
Interdisciplinary Projects				
Industry sponsored				

Projects sponsored by the University/ College				
Students research projects (other than compulsory by the University)				
Any other(Specify)				
Total				

3.7 No. of books published i) With ISBN No. Chapters in Edited I

ii) Without ISBN No.

3.8 No. of University Departments receiving funds from

UGC-SAF CAS DST-F
DPE DBT Scheme/fund

3.9 For colleges Autonom C DBT Star Sch
INSPIR CE Any Other (specify

3.10 Revenue generated through consultancy

3.11 No. of conferences organized by the Institution

Level	International	National	State	University	College
Number					
Sponsoring agencies					

3.12 No. of faculty served as experts, chairpersons or resource pers

3.13 No. of collaborations International National Any oth

3.14 No. of linkages created during this year

3.15 Total budget for research for current year in lakhs :

From Funding agency

From Management of University/College

Total

3.16 No. of patents received this year

Type of Patent		Number
National	Applied	
	Granted	
International	Applied	
	Granted	
Commercialised	Applied	
	Granted	

3.17 No. of research awards/ recognitions received by faculty and research fellows Of the institute in the year

Total	International	National	State	University	Dist	College

3.18 No. of faculty from the Institution who are Ph. D. Guides and students registered under them

3.19 No. of Ph.D. awarded by faculty from the Institution

3.20 No. of Research scholars receiving the Fellowships (Newly enrolled + existing ones)

JRF SRF Pr Fellows Any
other

3.21 No. of students Participated in NSS events:

University level State level
National level International level

3.22 No. of students participated in NCC events:

University level	<input type="text"/>	State level	<input type="text"/>
National level	<input type="text"/>		<input type="text"/>
International level			

3.23 No. of Awards won in NSS:

University level	<input type="text"/>	State level	<input type="text"/>
National level	<input type="text"/>		<input type="text"/>
International level			

3.24 No. of Awards won in NCC:

University level	<input type="text"/>	State level	<input type="text"/>
National level	<input type="text"/>		<input type="text"/>
International level			

3.25 No. of Extension activities organized

University forum	<input type="text" value="02"/>	College forum	<input type="text"/>
NCC	<input type="text"/>	NSS	<input type="text"/>
		Any	<input type="text"/>

3.26 Major Activities during the year in the sphere of extension activities and Institutional Social Responsibility

- Students are sent to various schools and colleges students organise surya namaskar on Swami Vivekanand Jayanti(12 January)
- Students are sent to university hostels and take Yoga classes

Criterion – IV

4. Infrastructure and Learning Resources

4.1 Details of increase in infrastructure facilities:

Facilities	Existing	Newly created	Source of Fund	Total
Campus area	1165.45 SQM		University Self Finance	
Class rooms	02			
Laboratories				
Seminar Halls	02			
No. of important equipments purchased (\geq 1-0 lakh) during the current year.				
Value of the equipment purchased during the year (Rs. in Lakhs)				
Others				

- One Main Building Block (including classrooms, offices, staffroom, computer lab, girls common room etc.) Size – 1165.45 SQM.
- One practical room for asana practice
- One meditation room
- library

4.2 Computerization of administration and library

- | |
|---|
| <ul style="list-style-type: none"> • Two multimedia projectors are available in the department out of which one is fixed in a classroom for teaching and other is kept portable for other use. • Department is also having total 02 . |
|---|

4.3 Library services:

	Existing		Newly added		Total	
	No.	Value	No.	Value	No.	Value
Text Books	500				500	
Reference Books						
e-Books						
Journals						
e-Journals						
Digital Database						
CD & Video	10					10
Others (specify)						

4.4 Technology up gradation (overall)

	Total Computers	Computer Labs	Internet	Browsing Centres	Computer Centres	Office	Departments	Others
Existing	01		01			01		
Added	01		01			01		
Total	02		02			02		

4.5 Computer, Internet access, training to teachers and students and any other programme for technology upgradation (Networking, e-Governance etc.)

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4.6 Amount spent on maintenance in lakhs :

i) ICT	<input type="text" value="0.10"/>
ii) Campus Infrastructure and facilities	<input type="text"/>
iii) Equipments	<input type="text"/>
iv) Others	<input type="text"/>
Total :	<input type="text"/>

Criterion – V

5. Student Support and Progression

5.1 Contribution of IQAC in enhancing awareness about Student Support Services

- The IQAC prepares in advance, its academic calendar.
- IQAC is responsible for ensuring quality in all academic activities which leads to the overall development of the institution.
- The administrative and academic functions are stream-lined with the help of various committees.
- The Dept encourages participatory approach to translate quality to the functioning of its various administrative and academic units.

103	5		31		134	140	6		6		152
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Demand ratio

Dropout %

5.4 Details of student support mechanism for coaching for competitive examinations (If any)

No. of students beneficiaries

5.5 No. of students qualified in these examinations

NET	<input style="width: 40px; height: 20px;" type="text"/>	SET/SLET	<input style="width: 40px; height: 20px;" type="text"/>	GATE	<input style="width: 40px; height: 20px;" type="text"/>	CAT	<input style="width: 40px; height: 20px;" type="text"/>
IAS/IPS etc	<input style="width: 40px; height: 20px;" type="text"/>	State PSC	<input style="width: 40px; height: 20px;" type="text"/>	UPSC	<input style="width: 40px; height: 20px;" type="text"/>	Other	<input style="width: 40px; height: 20px;" type="text"/>

5.6 Details of student counselling and career guidance

No. of students benefitted

5.7 Details of campus placement

<i>On campus</i>	<i>Off Campus</i>
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Number of Organizations Visited	Number of Students Participated	Number of Students Placed	Number of Students Placed

5.8 Details of gender sensitization programmes

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5.9 Students Activities

5.9.1 No. of students participated in Sports, Games and other events

State/ University level National level International level

No. of students participated in cultural events

State/ University level National level International level

5.9.2 No. of medals /awards won by students in Sports, Games and other events

Sports : State/ University level National level International level

Cultural: State/ University level National level International level

5.10 Scholarships and Financial Support

	Number of	Amount

	students	
Financial support from institution		
Financial support from government		
Financial support from other sources		
Number of students who received International/ National recognitions		

5.11 Student organised / initiatives

Fairs : State/ University level National level International
 Exhibition: State/ University level National level International

5.12 No. of social initiatives undertaken by the students

5.13 Major grievances of students (if any) redressed:

Criterion – VI

6. Governance, Leadership and Management

6.1 State the Vision and Mission of the institution

VISION

1. The vision of institute is to Fostering global competences and to making the yoga center a best yoga educator institution.
2. To work for creating yoga educators for Hospitals,schools, colleges and health mental and physical fitness consultant for people of society.
3. Spread health consciousness among people through Yoga.
4. Provision of scientific professional service to the workers of different Healthclub,Hospitals .

Mission –

Make healthy and adopt yoga as a profession who will serve the Nation by their knowledge and skill to make healthy society and become For the purpose of attaining the above aim the following objectives are to be given specific attention:-

- 1) The department shall always strive to stride forward and keep pace with the changing needs and spirit of the times.
- 2) The department shall continue to uphold its commitment to the nation in general and to the society in particular by providing professionally trained people in the field of yoga
- 2) The department shall make efforts to initiate and conduct health camps in different

6.2 Does the Institution has a management Information System

6.3 Quality improvement strategies adopted by the institution for each of the following:

6.3.1 Curriculum Development

- Choice based credit system introduced. Grade-Credit System is followed
 - The course curriculum is regularly updated. Last updated in may 2014
 - Curriculum development process is based on the recommendations of various experts from the academics and corporate sector, student and alumni feedback on course content and design.
 - State government's norms are followed in admission process for reserved categories and women.

6.3.2 Teaching and Learning

- digital board and multimedia projectors
- Lectures are supplemented by assignments, class seminars and practical
- We are having qualified research staff involved in the ongoing major research project of UGC .
- Training programs and workshops in the area of personality development, career advancements are regularly conducted.
- Students' are given feedback on their performance and answer sheets are shown to them
- Computerized result processing
- Innovative evaluation practices are used by considering the classroom presentations, therapht lectures etc
- annual cultural fest and sports fest are the regular conduct.

6.3.3 Examination and Evaluation

- Academic Calendar well in advance. Department plan hosted in website.
- Schedule of internal and end semester exams are notified well in advance.
- Evaluation schedule is given to the teachers to complete their evaluation work well in time through central valuation method.

6.3.4 Research and Development

6.3.5 Library, ICT and physical infrastructure / instrumentation

Class rooms are maintained regularly by the department and students are availing facilities

6.3.6 Human Resource Management

6.3.7 Faculty and Staff recruitment

07 Visiting faculties appointed.

6.3.8 Industry Interaction / Collaboration

- Students regularly going to participate in national level yoga competition organized by different universities.
- The classroom teaching and activity teaching exposure is being given to the students in the department and other schools of city.

6.3.9 Admission of Students

- Students for the all the courses are admitted on merit in the entrance Admission Test conducted each academic year.
- State government's norms are followed in admission process for reserved categories and women.

6.4 Welfare schemes for

Teaching	Provided by University
Non teaching	Provided by University
Students	Scholarship from Government

6.5 Total corpus fund generated

6.6 Whether annual financial audit has been done

es

No

6.7 Whether Academic and Administrative Audit (AAA) has been done?

Audit Type	External		Internal	
	Yes/No	Agency	Yes/No	Authority
Academic				Department

6.8 Does the University/ Autonomous College declares results within 30 days?

For UG Programmes Yes No

For PG Programmes Yes No

6.9 What efforts are made by the University/ Autonomous College for Examination Reforms?

Department has developed mechanism for well conduction of all examination and evaluation processes. Department is timely manage all internal and end semester examination, their schedule, time-table and evaluation process. The department is following Central Valuation system for evaluation. The evaluation work starts from the first day of commencement of the examination and results declared within 10 days after the examination. Result preparation is done computerized

6.10 What efforts are made by the University to promote autonomy in the affiliated institutions?

6.11 Activities and support from the Alumni Association

6.12 Activities and support from the Parent – Teacher Association

The Parent Teacher meetings organised regularly

6.13 Development programmes for support staff

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6.14 Initiatives taken by the institution to make the campus eco-friendly

School of yoga had planted many plants around department
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Criterion – VII

7. Innovations and Best Practices

7.1 Innovations introduced during this academic year which have created a positive impact on the functioning of the institution. Give details.

- | |
|---|
| <ul style="list-style-type: none">• The entire department has been made tobacco free through initiatives of both the teachers and administrative faculty and this has definitely created a positive impact in the department. |
|---|

7.2 Provide the Action Taken Report (ATR) based on the plan of action decided upon at the beginning of the year

7.3 Give two Best Practices of the institution (*please see the format in the NAAC Self-study Manual*)

- ✓ yoga center has organize yoga awareness camps in hostel of boys and girls they learn yoga and relief tension tension during examination time .Enviroment consciousness has also changed to deal with new issues such as health related problem, overpopulation etc. many youth of today's society have become more aware of the state of the plant and deeming themselves environmentalist

 - ✓ yoga center has organize yoga awareness camps in hostel of boys and girls they learn yoga and relief tension tension during examination time

****Provide the details in annexure (annexure need to be numbered as i, ii,iii)***

7.4 Contribution to environmental awareness / protection

The center had planted many plant around the department and also planted around 50 different plants around the academic block

7.5 Whether environmental audit was conducted?

7.6 Any other relevant information the institution wishes to add. (for example SWOT Analysis)

- **Strengths -**
- It provide legal certification course.
- Computers with Internet facility and projectors for students.
- Good infrastructure
- **Weaknesses -**
- Adequate teachers are required according to student teacher ratio.
- Lack of awareness of course.
- Lack of fund for R&D
- **Opportunities -**
- It make society healthy.
- It provide opportunity to become a member of International
 - Yoga Federation.
- It provide facility to organize national and international
 - conference .
- **Threats**
- Permanent administrative staff is required
- Increasing large number of fitness centers
- Lack of fund

8. Plans of institution for next year

- Planning to start M.Phil .
- General yoga classes for everyone .

Name _____

Name

Signature of the Coordinator, IQAC
Chairperson, IQAC

Signature of the

Annexure I

Abbreviations:

CAS	-	Career Advanced Scheme
CAT	-	Common Admission Test
CBCS	-	Choice Based Credit System
CE	-	Centre for Excellence
COP	-	Career Oriented Programme
CPE	-	College with Potential for Excellence
DPE	-	Department with Potential for Excellence
GATE	-	Graduate Aptitude Test
NET	-	National Eligibility Test

PEI	-	Physical Education Institution
SAP	-	Special Assistance Programme
SF	-	Self Financing
SLET	-	State Level Eligibility Test
TEI	-	Teacher Education Institution
UPE	-	University with Potential Excellence
UPSC	-	Union Public Service Commission
