School of Yoga (Yoga)

<u>The Annual Quality Assurance Report (AQAR) of the</u> <u>IQAC</u> <u>School of Yoga : Academic Year 2013-14</u>

Part-A

1. Details of the Institution

1.1 Name of the Institution

1.2 Address Line 1

Yoga centre

Devi Ahilya Vishwavidyalaya

Takshashila Campus, Khandwa Road

Address Line 2

City/Town	indore
State	Madhya pradesh
Pin Code	452001
Institution e-mail address	hod.yogacenter@gmail.com
Contact Nos.	0731-2907080 , +9425073774
Name of the Head of the Institu	ution: Associate Prof. Dr. S.S Sharma
Tel. No. with STD Code:	0731-2907080
Mobile:	9425073774
Name of the IQAC Co-ordinator:	Dr. S.S Sharma
Mobile:	9425073774
IQAC e-mail address:	Hod.yogacenter@gmail.com

1.3 NAAC Track ID (For ex. MHCOGN 18879) EC/66/RAR/146 dated 21-02-2014

http://www.davvyoga.com

1.4 Website address:

Web-link of the AQAR:

 $For \ ex. \ http://www.ladykeanecollege.edu.in/AQAR201213.doc$

1.5 Accreditation Details

Sl. No.	Cycle	Grade	CGPA	Year of	Validity
SI. INO.	Cycle	Grade	COFA	Accreditation	Period
1	1 st Cycle	"В"	Four Star	2000	"Five Years"
2	2 nd Cycle	"В"	2.57	2008	"Five Years"
3	3 rd Cycle	"A"	3.09	2014	"Five Years"
4	4 th Cycle	NA	NA	NA	NA

1.6 Date of Establishment of IQAC : DD/MM/YYYY

21/11/2008

1.7 AQAR for the year (*for example 2010-11*)

2013-14

1.8 Details of the previous year's AQAR submitted to NAAC after the latest Assessment and Accreditation by NAAC ((for example AQAR 2010-11submitted to NAAC on 12-10-2011)

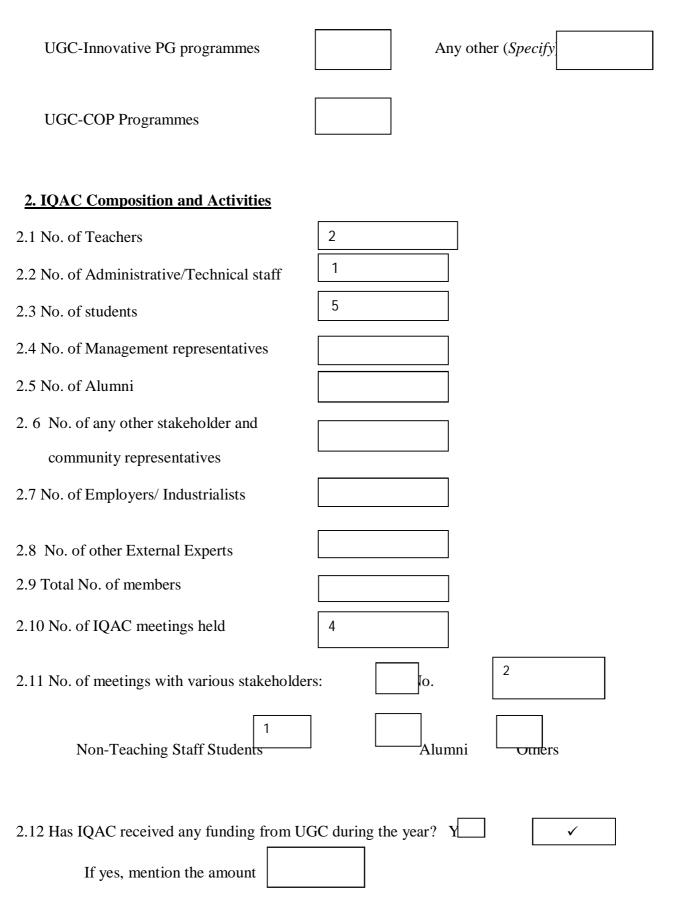
i. AQAR		_ (DD/MM/YYYY)4 (DD/MM/YYYY) _ (DD/MM/YYYY) _ (DD/MM/YYYY)
1.9 Institutional Status		
University yes	tate	tral I ned
Private		
Affiliated College Yes	No	
Constituent College	Yes No	
Autonomous college of UGC Yes	No	

Regulatory Agency approved Institution	Yes	No	
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(eg. AICTE, BCI, MCI, PCI, NCI)

Type of Institution Co-education	
Urban ✓ Rural Tribal	
Financial Status Grant-in-aid UGC 2(f) UGC 12E	
Grant-in-aid + Self Financing Totally Self-financ	
1.10 Type of Faculty/Programme	
Arts Scien Comme I PEI (Phys Edu	
TEI (Edu) En heering H th Science	
Others (Specify)	
1.11 Name of the Affiliating University (for the College	
1.12 Special status conferred by Central/ State Government UGC/CSIR/DST/DBT/ICMR etc	
Autonomy by State/Central Govt. / University university	
University with Potential for Excellence UGC-CPE	
DST Star Scheme UGC-CE	

UGC-Special Assistance Programme DST



2.13 Seminars and Conferences (only quality related)

(i) No. of Seminars/Conferences/ Workshops/Symposia organized by the IQAC

Total Level	Nos.	Internation	Natio	Institutior
(ii) Then 2.14 Significa		and contributions mad	le by IOAC	

2.15 Plan of Action by IQAC/Outcome

The plan of action chalked out by the IQAC in the beginning of the year towards quality enhancement and the outcome achieved by the end of the year *

	Plan of Action	Achievements		
	* Attach the Academic Calendar	of the year as Annexure.		
2.15 V	Whether the AQAR was placed in s	tatutory body		
	Management	icate Any body		
	Provide the details of the action	n taken		

Criterion – I

<u>1. Curricular Aspects</u>

1.1 Details about Academic Programmes

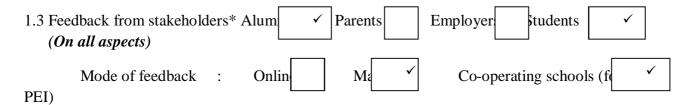
Level of the	Number of existing Programmes	programmes		Number of value added / Career
Programme		added during the	self-financing programmes	Oriented
	1 logrammes	year	programmes	programmes

PhD	01	01	
PG	01	01	
UG			
PG Diploma	01	01	
Advanced			
Diploma			
Diploma			
Certificate	01	01	
Others			
Total			

Interdisciplinary		
Innovative		

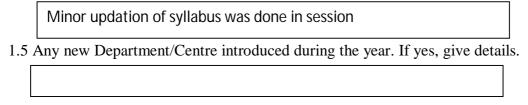
1.2 (i) Flexibility of the Curriculum: CBCS/Core/Elective option / Open options (ii) Pattern of programmes:

Pattern	Number of programmes
Semester	02 (PG, PG diploma)
Trimester	
Annual	



*Please provide an analysis of the feedback in the Annexure

1.4 Whether there is any revision/update of regulation or syllabi, if yes, mention their salient aspects.



Criterion – II

2. Teaching, Learning and Evaluation

2.1 Total No. of permanent	Total	Asst. Professors	Associate Professors	Professors	Others
	01		01		

faculty

2.2 No. of permanent faculty with Ph.D.

2.3 No. of Faculty	Asst. Profe	ssors	Associ Profes		Profe	ssors	Other	S	Total	
and Vacant (V) during	R	V	R	V	R	V	R	V	R	V
the year										

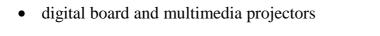
01

2.4 No. of Guest and Visiting faculty and Temporary fac 06

2.5 Faculty participation in conferences and symposia:

No. of Faculty	International level	National level	State level
Attended			
Presented	01	01	
Resource			
Persons			

2.6 Innovative processes adopted by the institution in Teaching and Learning:



- Lectures are supplemented by assignments, class seminars and practical
- Training programs and workshops in the area of personality development, career advancements are regularly conducted.
- Continuous and comprehensive evaluation process is followed with three sessional examination and end semester exam in each course
- Complete transparency is a key feature of our evaluation system
- Computerized result processing
- Innovative evaluation practices are used by considering the classroom presentations, theraphist lectures etc

2.7 Total No. of actual teaching days

201

during this academic year

2.8 Examination/ Evaluation Reforms initiated by the Institution (for example: Open Book Examination, Bar Coding, Double Valuation, Photocopy, Online Multiple Choice Questions) Department has developed mechanism for well conduction of all examination and evaluation processes. Department is timely manage all internal and end semester examination, their schedule, time-table and evaluation process. The department is following Central Valuation system for evaluation. The evaluation work starts from the first day of commencement of the examination and results declared within 15 days after the examination. Result preparation is done computerized and results also uploaded on departmental website. Students can review their answer sheet within 10 days after the declaration of results.

2.9 No. of faculty members involved in curriculum restructuring/revision/syllabus development as member of Board of Study/Faculty/Curriculum Development workshop



- 2.10 Average percentage of attendance of students
 - 2.11 Course/Programme wise

distribution of pass percentage :

Title of the	Total no. of students	Division				
Programme	appeared	Distinction %	I %	II %	III %	Pass %
M.A	25	10%	80%	10%		
PG Diploma	44	15%	70%	15%		

75%

2.12 How does IQAC Contribute/Monitor/Evaluate the Teaching & Learning processes :

- Feedback from students before the end semester examination is collected for each course and for each faculty members including visiting faculties analyze and evaluated. The final findings are discussed in department workshop and methods of improvements are discussed.
- The quality and weaknesses of the teacher are evaluated on a percentile scale and have been given back to the concern teacher for self-improvement.
- The quality and weaknesses of the teacher are evaluated on a percentile scale.
- Feedback from eminent experts, alumni, employers and parents are regularly taken and the opinion helps in quality sustenance.

2.13 Initiatives undertaken towards faculty development

Faculty / Staff Development Programmes	Number of faculty benefitted
Refresher courses	
UGC – Faculty Improvement Programme	
HRD programmes	
Orientation programmes	
Faculty exchange programme	
Staff training conducted by the university	
Staff training conducted by other institutions	
Summer / Winter schools, Workshops, etc.	
Others	

2.14 Details of Administrative and Technical staff

Category	Number of Permanent Employees	Number of Vacant Positions	Number of permanent positions filled during the Year	Number of positions filled temporarily
Administrative Staff				01
Technical Staff				

Criterion – III

3. Research, Consultancy and Extension

3.1 Initiatives of the IQAC in Sensitizing/Promoting Research Climate in the institution

• Department is having good ambience to conduct research work as we have sufficient equipments, librarey and facilities required to perform quality work.

3.2 Details regarding major projects

	Completed	Ongoing	Sanctioned	Submitted
Number				
Outlay in Rs. Lakhs				

3.3 Details regarding minor projects

	Completed	Ongoing	Sanctioned	Submitted
Number				
Outlay in Rs. Lakhs				

3.4 Details on research publications

	International	National	Others
Peer Review Journals		10	
Non-Peer Review Journals			
e-Journals			
Conference proceedings			

3.5 Details on Impact factor of publications:

Range

Averag

h-ine

Nos. in SCC

3.6 Research funds sanctioned and received from various funding agencies, industry and other organisations

Nature of the Project	Duration Year	Name of the funding Agency	Total grant sanctioned	Received
Major projects				
Minor Projects				
Interdisciplinary Projects				
Industry sponsored				

Projects sponsored	•					
University/ Colleg Students research	e					
projects						
(other than compu	lsorv					
by the University)						
Any other(Specify)					
Total	/					
	I	I.	ł		· · · ·	
3.7 No. of books publis	hed i) With	ISBN No		Chapters	in Edited I	
		out ISBN No.				
3.8 No. of University D	epartments re	ceiving funds fi	om			
	UGC-SAF		CAS		DST	'-F
	DPE			יפת	Γ Scheme/fu	nd
3.9 For colleges	Autonor				DBT Star S	Sci
i or concess						
	INSPIR		E	Any	Other (spec	ify
	L					
3.10 Revenue generated	l through cons	ultancy				
3.11 No. of	Level	International	National	State	University	College
conferences	Number					
	Sponsoring					
organized by the						
nstitution	ugeneies					
conferences						
3.12 No. of faculty serv	ed as experts,	chairpersons of	r resource p	pers		
8.13 No. of collaboration	ons Ir	nternational	Natio	na] An	y otł
8.14 No. of linkages cre	ated during th	nis year				
8.15 Total budget for re	esearch for cur	rent year in lak	hs :			
]				

From Funding agency

From Management of University/College

Total	

3.16 No. of patents received this year

Type of Patent		Number
National	Applied	
	Granted	
International	Applied	
	Granted	
Commercialised	Applied	
	Granted	

3.17 No. of research awards/ recognitions received by faculty and research fellows Of the institute in the year

Total	International	National	State	University	Dist	College	

3.18 No. of faculty from the Institution
who are Ph. D. Guides
and students registered under them

01	
08	
	•

3.19 No. of Ph.D. awarded by faculty from the Institution

3.20 No. of Research scholars receiving the Fellowships (Newly enrolled + existing ones)

	JRF	SRF	Pr Fellows	Any
other				

3.21 No. of students Participated in NSS events:

University level	State level	
Natio	vel	

International level

3.22 No. of students participated in NCC	C events:	
	University level State level	
International level	Nati	
3.23 No. of Awards won in NSS:		
	University level State level	
International level	Nati	
3.24 No. of Awards won in NCC:		
	University level State level	
International level	Nati	
3.25 No. of Extension activities organize	ed	
University forun 02	College for	
NCC	NSS Any	

3.26 Major Activities during the year in the sphere of extension activities and Institutional Social Responsibility

- Students are sent to various schools and colleges students organise surya namaskar on Swami Vivekanand Jayanti(12 January)
- Students are sent to university hostels and take Yoga classes

Criterion – IV 4. Infrastructure and Learning Resources

4.1 Details of increase in infrastructure facilities:

Facilities	Existing	Newly	Source of	Total
		created	Fund	
Campus area	1165.45		University	
	SQM		Self	
			Finance	
Class rooms	02			
Laboratories				
Seminar Halls	02			
No. of important equipments purchased				
$(\geq 1-0 \text{ lakh})$ during the current year.				
Value of the equipment purchased during				
the year (Rs. in Lakhs)				
Others				

- One Main Building Block (including classrooms, offices, staffroom, computer lab, girls common room etc.) Size 1165.45 SQM.
- One practical room for asana practice
- One meditation room
- library

4.2 Computerization of administration and library

- Two multimedia projectors are available in the department out of which one is fixed in a classroom for teaching and other is kept portable for other use.
- Department is also having total 02 .

4.3 Library services:

	Existing		Newly	added	Total		
	No.	Value	No.	Value	No.	Value	
Text Books	500				500		
Reference Books							
e-Books							
Journals							
e-Journals							
Digital Database							
CD & Video	10					10	
Others (specify)							

4.4 Technology up gradation (overall)

	Total Computer s	Compute r Labs	Internet	Browsin g Centres	Compute r Centres	Offic e	Depart - ments	Othe rs
Existin g	01		01			01		
Added	01		01			01		
Total	02		02			02		

4.5 Computer, Internet access, training to teachers and students and any other programme for technology

upgradation (Networking, e-Governance etc.)

4.6 Amount spent on maintenance in lakhs :

i) ICT	0.10
ii) Campus Infrastructure and facilitie	
iii) Equipments	
iv) Others	
Total :	

Criterion – V 5. Student Support and Progression

5.1 Contribution of IQAC in enhancing awareness about Student Support Services

- The IQAC prepares in advance, its academic calendar.
- IQAC is responsible for ensuring quality in all academic activities which leads to the overall development of the institution.
- The administrative and academic functions are stream-lined with the help of various committees.
- The Dept encourages participatory approach to translate quality to the functioning of its various administrative and academic units.

5.2 Efforts made by the institution for tracking the progression

- Accessibility of all the faculties during all working hours. Also in case of any emergency or immediate guidance 24 X7 students are free to get any guidance.
- Statutory Departmental Committee takes major decisions.
- Faculty curriculum design and updation committee function for curriculum updation.
- Class room seminar and group discussion are regular feature.
- Guest lectures were organized for students.
- Placement facilities, career guidance.
- Mentors were allocated to all the students for their academic, social, career and other guidance.
- Faculty members provided assistance to the slow learners.
- The students provide consultancy services to various schools, colleges and other organization in conducting the sports meet.
- Extension services are regularly provided to the people visiting the people.
- The classroom teaching and activity teaching exposure is being given to the students in the department and other schools of city.

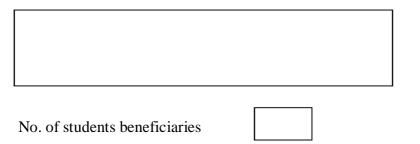
5.3 (a) Total Number of students	UG	PG	Ph. D.	Others					
		25	8	100					
(b) No. of students outside the state 04									
(c) No. of international students									
Men No % 75 55 Women	1	No 59							
Last Vear				This V	Voor				

	Last Year					This Year						
Ger	neral	SC	ST	OB	Physically	Total	Genera	SC	ST	OB	Physicall	Total
				С	Challenged		1			С	У	
											Challeng	
											ed	

103 5 31	134	140	6		6		152
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Demand ratio Dropout %

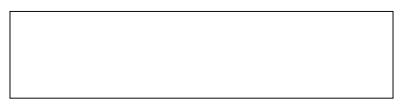
5.4 Details of student support mechanism for coaching for competitive examinations (If any)



5.5 No. of students qualified in these examinations

NET	SET/SLET	GATE	CAT	
IAS/IPS etc	State PSC	UPSC	Oth	

5.6 Details of student counselling and career guidance



No. of students benefitted



5.7 Details of campus placement

On campus Off Campus

Number of Organizations Visited	Number of Students Participated	Number of Students Placed	Number of Students Placed

5.8 Details of gender sensitization programmes

5.9 Students Activities

5.9.1 No. of students participated in Sports, Games and other events

	State/ University leve	10	National le	International
	No. of students particip	pated in cult	ural events	
	State/ University leve	10	National le	International l
5.9.2	No. of medals /awards	won by stu	dents in Sports, Gam	es and other events
Sports :	State/ University leve		National le	International
Cultural	: State/ University leve		National le	International

5.10 Scholarships and Financial Support

Number of Amount

	students	
Financial support from institution		
Financial support from government		
Financial support from other sources		
Number of students who received International/ National recognitions		

5.11 Student organised / initiatives

Fairs	: State/ University leve	National le	Internationa
Exhibition	: State/ University leve	National le	Internationa

5.12 No. of social initiatives undertaken by the students

5.13 Major grievances of students (if any) redressed:

Criterion – VI

6. Governance, Leadership and Management

6.1 State the Vision and Mission of the institution

VISION

- 1. The vision of institute is to Fostering global competences and to making the yoga center a best yoga educator institution.
- 2. To work for creating yoga educators for Hospitals, schools, colleges and health mental and physical fitness consultant for people of society.
- 3. Spread health consciousness among people through Yoga.
- 4. Provision of scientific professional service to the workers of different Healthclub, Hospitals .

Mission -

Make healthy and adopt yoga as a profession who will serve the Nation by their knowledge and skill to make healthy society and become For the purpose of attaining the above aim the following objectives are to be given specific attention:-

- 1) The department shall always strive to stride forward and keep pace with the changing needs and spirit of the times.
- 2) The department shall continue to uphold its commitment to the nation in general and to the society in particular by providing professionally trained people in the field of yoga

6.2 Does the Institution has a management Information System

6.3 Quality improvement strategies adopted by the institution for each of the following:

6.3.1 Curriculum Development

- Choice based credit system introduced. Grade-Credit System is followed
- The course curriculum is regularly updated. Last updated in may 2014
- Curriculum development process is based on the recommendations of various experts from the academics and corporate sector, student and alumni feedback on course content and design.
- State government's norms are followed in admission process for reserved categories and women.

6.3.2 Teaching and Learning

- digital board and multimedia projectors
- Lectures are supplemented by assignments, class seminars and practical
- We are having qualified research staff involved in the ongoing major research project of UGC .
- Training programs and workshops in the area of personality development, career advancements are regularly conducted.
- Students' are given feedback on their performance and answer sheets are shown to them
- Computerized result processing
- Innovative evaluation practices are used by considering the classroom presentations, therapht lectures etc
- annual cultural fest and sports fest are the regular conduct.

6.3.3 Examination and Evaluation

- Academic Calendar well in advance. Department plan hosted in website.
- Schedule of internal and end semester exams are notified well in advance.
- Evaluation schedule is given to the teachers to complete their evaluation work well in time through central valuation method.

6.3.4 Research and Development

6.3.5 Library, ICT and physical infrastructure / instrumentation

Class rooms are maintained regularly by the department and students are availing facilities

6.3.6 Human Resource Management

6.3.7 Faculty and Staff recruitment

07 Visiting faculties appointed.

6.3.8 Industry Interaction / Collaboration

- Students regularly going to participate in national level yoga competition organized by different universities.
- The classroom teaching and activity teaching exposure is being given to the students in the department and other schools of city.

6.3.9 Admission of Students

- Students for the all the courses are admitted on merit in the entrance Admission Test conducted each academic year.
- State government's norms are followed in admission process for reserved categories and women.

6.4 Welfare schemes for

Teaching	Provided by
	University
Non teaching	Provided by
_	University
Students	Scholarship from
	Government

6.5 Total corpus fund generated

6.6 Whether annual financial audit has been done



No

6.7 Whether Academic and Administrative Audit (AAA) has been done?

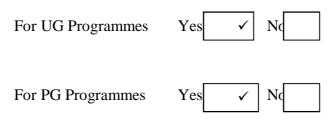
Audit Type	External		Inte	ernal
	Yes/No	Agency	Yes/No	Authority
Academic				Department

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Aa	.mir	llSt	rativ	√e

university

Department

6.8 Does the University/ Autonomous College declares results within 30 days?



6.9 What efforts are made by the University/ Autonomous College for Examination Reforms?

Department has developed mechanism for well conduction of all examination and evaluation processes. Department is timely manage all internal and end semester examination, their schedule, time-table and evaluation process. The department is following Central Valuation system for evaluation. The evaluation work starts from the first day of commencement of the examination and results declared within 10 days after the examination. Result preparation is done computerized

6.10 What efforts are made by the University to promote autonomy in the affilia

6.11 Activities and support from the Alumni Association

6.12 Activities and support from the Parent – Teacher Association

The Parent Teacher meetings organised regularly

6.13 Development programmes for support staff

6.14 Initiatives taken by the institution to make the campus eco-friendly

School of yoga had planted many plants around department

Criterion – VII

7. Innovations and Best Practices

7.1 Innovations introduced during this academic year which have created a positive impact on the

functioning of the institution. Give details.

• The entire department has been made tobacco free through initiatives of both the teachers and administrative faculty and this has definitely created a positive impact in the department.

7.2 Provide the Action Taken Report (ATR) based on the plan of action decided upon at the beginning of the year

7.3 Give two Best Practices of the institution (please see the format in the NAAC Self-study $Many^{-L_2}$

~	yoga center has organize yoga awareness camps in hostel of boys and girls they learn yoga and relief tension tension during examination time .Enviroment consciousness has also changed to deal with new issues such as health related problem, overpopulation etc. many youth of today's society have become more aware of the state of the plant and deeming themselves environmentalist
\checkmark	yoga center has organize yoga awareness camps in hostel of boys and girls they learn yoga and relief tension tension during examination time

*Provide the details in annexure (annexure need to be numbered as i, ii,iii)

7.4 Contribution to environmental awareness / protection

The center had planted many plant around the department and also planted around 50 different plants around the academic block

7.5 Whether environmental audit was conducted?



7.6 Any other relevant information the institution wishes to add. (for example SWOT Analysis)

- Strengths -
- It provide legal certification course.
- Computers with Internet facility and projectors for students.
- Good infrastructure
- Weaknesses -
- Adequate teachers are required according to student teacher ratio.
- Lack of awareness of course.
- Lack of fund for R&D
- Opportunities -
- It make society healthy.
- It provide opportunity to become a member of International
 - Yoga Federation.
- It provide facility to organize national and international
 - conference .
- Threats
- Permanent administrative staff is required
- Increasing large number of fitness centers
- Lack of fund

8. <u>Plans of institution for next year</u>

- Planning to start M.Phil .
- General yoga classes for everyone .

Name _____

Name

Signature of the Coordinator, IQAC Chairperson, IQAC

Signature of the

Annexure I

Abbreviations:

CAS	-	Career Advanced Scheme
CAT	-	Common Admission Test
CBCS	-	Choice Based Credit System
CE	-	Centre for Excellence
COP	-	Career Oriented Programme
CPE	-	College with Potential for Excellence
DPE	-	Department with Potential for Excellence
GATE	-	Graduate Aptitude Test
NET	-	National Eligibility Test

PEI	-	Physical Education Institution
SAP	-	Special Assistance Programme
SF	-	Self Financing
SLET	-	State Level Eligibility Test
TEI	-	Teacher Education Institution
UPE	-	University with Potential Excellence
UPSC	-	Union Public Service Commission
